

VALLEY R-6 ELEMENTARY K-6 NOVEMBER BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31	1 Chocolate Chip Muffin Cereal / Fruit Orange Juice Milk	2 Eggstravaganza Toast / Jelly Cereal / Fruit Orange Juice Milk	3 Whole Grain Biscuit Sausage Gravy Cereal / Fruit Orange Juice Milk	4 Mini Waffles Syrup Cereal / Fruit Orange Juice Milk
7 Pancake on a Stick Cereal Fruit Orange Juice Milk	8 Colby Cheese Omelet Toast / Jelly Cereal / Fruit Orange Juice Milk	9 French Toast Sticks Syrup / Cereal Fruit Orange Juice Milk	10 Sausage Biscuit Jelly Cereal / Fruit Orange Juice Milk	11 Whole Grain Biscuit Sausage Gravy Cereal / Fruit Orange Juice Milk
14 Mini Waffles Syrup / Cereal Fruit Orange Juice Milk	15 Colby Cheese Omelet Toast / Jelly Cereal / Fruit Orange Juice Milk	16 Breakfast Pizza Cereal Fruit Orange Juice Milk	17 Whole Grain Biscuit Sausage Gravy Cereal / Fruit Orange Juice Milk	18 Pop Tart Cereal Fruit Orange Juice Milk
21 Pancake on a Stick Cereal Fruit Orange Juice Milk	22 French Toast Sticks Syrup / Cereal Fruit Orange Juice Milk	23 NO SCHOOL	24 NO SCHOOL	25 NO SCHOOL
28 Blueberry Muffins Cereal Fruit Orange Juice Milk	29 Cinnamon Rolls Cereal Fruit Orange Juice Milk	30 Breakfast Pizza Cereal Fruit Orange Juice Milk	1	2

VALLEY R-6 ELEMENTARY K-6 NOVEMBER LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31	1 Cheeseburger on Bun French Fries / lettuce Pickles/Ketch./Must. Fruit Milk	2 Beef & Bean Burrito Corn Shredded cheese /Lettuce Salsa Fruit / Milk	3 Cheese Pizza Salad / Ranch Ice Cream Fruit Milk	4 Bologna Sandwich Nachos & Cheese Veggie / Ranch Fruit / Cookie Milk
7 Chicken Patty on Bun Tater Tots Pudding Fruit Milk	8 Cheeseburger on Bun French Fries / lettuce Pickles/Ketch./Must. Fruit Milk	9 Taco Salad Refried Beans Salsa / Chips Shredded Cheese Fruit / Milk	10 Pepperoni Pizza Salad / Ranch Cheese Stick Fruit Milk	11 Hot Dog on Bun Veggie / Ranch Ketch./Must. Chips / Cookie Fruit / Milk
14 Cheeseburger on bun / French Fries Pickles/Ketch./Must. Fruit Milk	15 Corn Dog Baked Beans ketch./must. Pudding / Cookie Fruit / Milk	16 Chicken Nuggets Mashed Potatoes Glazed Carrots Ketch. / Fruit Milk	17 PBJ Uncrustable Chips Veggie / Ranch Cookie / Fruit Milk	18 Turkey & Dressing Mashed Potatoes/Gravy Green Beans / Hot Roll Cranberry Sauce/Butter Pumpkin Pie / Milk
21 Chicken Nuggets Mashed Potatoes Green Beans Fruit Milk	22 Bologna Sandwich Nachos & Cheese Veggie / Ranch Fruit / Cookie Milk	23 NO SCHOOL	24 NO SCHOOL	25 NO SCHOOL
28 Corn Dog Baked Beans ketch./must. Pudding / Cookie Fruit / Milk	29 Cheese Pizza Salad / Ranch Ice Cream Fruit Milk	30 Chili PBJ Uncrustable Veggies / Ranch Crackers Fruit / Milk	1	2