

VALLEY HIGH SCHOOL

November 2022

Breakfast Menu

Mon. 10/31/2022	Tues. 11/1/2022 Bacon, Egg, Cheese Biscuit Hashbrown Cereal Fruit Juice Milk	Wed. 11/2/2022 Choc. Chip Pancakes Syrup Sausage Cereal Fruit Juice Milk	Thur. 11/3/2022 Breakfast Cass. Toast/Jelly Cereal Fruit Juice Milk	Fri. 11/4/2022 Biscuit Sausage Gravy Cereal Fruit Juice Milk
Mon. 11/7/2022 Egg/Cheese Burrito/Salsa Bacon Cereal Fruit Juice Milk	Tues. 11/8/2022 Waffles Syrup Sausage Cereal Fruit Juice Milk	Wed. 11/9/2022 Choc. Chip Muffin Bacon Cereal Fruit Juice Milk	Thur. 11/10/2022 Pancake on a Stick Syrup Yogurt Cereal Fruit Juice Milk	Fri. 11/11/2022 Biscuit Sausage Gravy Cereal Fruit Juice Milk
Mon. 11/14/2022 Sausage, Egg & Cheese Biscuit Hashbrown Cereal Fruit Juice Milk	Tues. 11/15/2022 Blueberry Muffin Bacon Cereal Fruit Juice Milk	Wed. 11/16/2022 Oatmeal Toast/Jelly Sausage Cereal Fruit Juice Milk	Thur. 11/17/2022 Poptarts Bacon Yogurt Cereal Fruit Juice Milk	Fri. 11/18/2022 Biscuit Sausage Gravy Cereal Fruit Juice Milk
Mon. 11/21/2022 Cinnamon Toast Sausage Yogurt Cereal Fruit Juice/Mik	Tues. 11/22/2022 Biscuit Sausage Gravy Cereal Fruit Juice Milk	Wed. 11/23/2022 NO SCHOOL!	Thur. 11/24/2022 NO SCHOOL! HAPPY THANKSGIVING!	Fri. 11/25/2022 NO SCHOOL!
Mon. 11/28/2022 French Toast Sticks Syrup Sausage Cereal Fruit Juice Milk	Tues. 11/29/2022 Breakfast Pizza Yogurt Cereal Fruit Juice Milk	Wed. 11/30/2022 Cinnamon Rolls Bacon Cereal Fruit Juice Milk	Thurs. 12/1/2022	Fri. 12/2/2022