

<b>VALLEY R-6 ELEMENTARY K-6 OCTOBER BREAKFAST MENU</b>				
<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
2 <b>NO SCHOOL</b>	3 French Toast Sticks Syrup / Sausage Links Cereal /Fruit Juice Milk	4 Eggstravaganza Toast / Jelly / Hash brown Cereal / Fruit Juice Milk	5 Biscuit Sausage Gravy Cereal / Fruit Juice Milk	6 Sausage Egg Biscuit Jelly Cereal / Fruit Juice Milk
9 Glazed Long John Donut / Bacon Cereal / Fruit Yogurt / Juice Milk	10 Colby Cheese Omelet Toast / Jelly Cereal / Fruit Juice Milk	11 Breakfast Pizza Cereal Fruit Juice Milk	12 Biscuit Sausage Gravy Cereal / Fruit Juice Milk	13 Pancakes Syrup / Bacon Cereal / Fruit Juice Milk
16 Pancake on a stick Syrup Cereal / Fruit Juice Milk	17 French Toast Sticks Syrup / Bacon Cereal /Fruit Juice Milk	18 Eggstravaganza Toast / Jelly / Hash brown Cereal / Fruit Juice Milk	19 Biscuit Sausage Gravy Cereal / Fruit Juice Milk	20 Glazed Long John Donut / Bacon Cereal / Fruit Yogurt / Juice Milk
23 Chocolate Chip Muffin / Sausage Link Cereal / Fruit Juice Milk	24 Sausage Egg Biscuit Jelly Cereal / Fruit Juice Milk	25 Breakfast Pizza Cereal Fruit Juice Milk	26 Biscuit Sausage Gravy Cereal / Fruit Juice Milk	27 <b>NO SCHOOL</b>
30 Pancakes / Syrup Sausage Link Cereal / Fruit Juice Milk	31 Eggstravaganza Toast / Jelly / Hash brown Cereal / Fruit Juice Milk	1	2	3 <b>*Menus are Subject to Change</b>

<b>VALLEY R-6 ELEMENTARY K-6 OCTOBER LUNCH MENU</b>				
<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
2 <b>NO SCHOOL</b>	3 Chicken Nuggets Mashed Potatoes Glazed Carrots Fruit Milk	4 Cream of Chicken with Egg Noodles Grilled Cheese Pudding / Cookie Fruit / Milk	5 Fried Chicken Mashed Potatoes Green Beans Fruit Milk	6 Pork McRib Sandwich Pickles French Fries Green Beans Fruit / Milk
9 Cheese Pizza Corn Ice Cream Fruit Milk	10 Orange Chicken Fried Rice / Pot Sticker Sweet & Sour Sauce Fruit Milk	11 Spaghetti/Meat Sauce Salad / Dressing Breadstick Fruit Milk	12 Taco Salad Refried Beans Salsa / Chips Sour Cream Fruit / Milk	13 Pizza Hot Pocket Corn on Cob Pudding / Cookie Fruit Milk
16 Pulled Pork on Bun Pickles Mac-n-Cheese Baked Beans Fruit / Milk	17 Chicken & Cheese Fajita Wrap Sour Cream/Salsa French Fries Fruit / Milk	18 Salisbury Steak Gravy / Mashed Potatoes Green Beans Hot Roll / Butter Fruit / Milk	19 Cream Parmesan Garlic Cheese Soup Bologna Sandwich Crackers Fruit / Milk	20 Hot Ham & Cheese on Sweet Roll Corn on cob Roasted Baby Potatoes Fruit / Milk
23 Chicken Nuggets Mashed Potatoes Glazed Carrots Fruit Milk	24 Beef/Bean/Chili Cheese Burrito / Shredded Lettuce / Corn / Salsa Sour Cream Fruit / Milk	25 Beef Tips Brown Gravy/Egg Noodles Mashed Potatoes Green Beans Fruit / Milk	26 PBJ Uncrustable Chips Veggies / Ranch Cookie / Fruit Milk	27 <b>NO SCHOOL</b>
30 Chicken & Cheese Fajita Wrap Sour Cream/Salsa French Fries Fruit / Milk	31 Fried Chicken Mashed Potatoes Glazed Carrots Fruit Milk	1	2	3