

VALLEY HIGH SCHOOL SEPTEMBER 2023 BREAKFAST MENU

Monday	Tuesday	Wednesday	Thursday	Friday
Mon. 9/4/23 NO SCHOOL!!	Tues. 9/5/23 Cinnamon Rolls Bacon Yogurt Cereal Fruit Juice Milk	Wed. 9/6/23 Sausage, Egg, Cheese Biscuit Hashbrown Yogurt Cereal Fruit Juice Milk	Thur. 9/7/23 Oatmeal Toast/Jelly Sausage Yogurt Cereal Juice Milk	Fri. 9/8/23 Biscuit Sausage Gravy Cereal Yogurt Fruit Juice Milk
Mon. 9/11/23 Breakfast Pizza Yogurt Cereal Fruit Juice Milk	Tues. 9/12/23 Blueberry Muffin Sausage Yogurt Cereal Fruit Juice Milk	Wed. 9/13/23 Waffles/Syrup Bacon Yogurt Cereal Fruit Juice Milk	Thur. 9/14/23 Colby Cheese Omelet Toast/Jelly Yogurt Cereal Fruit Juice/Milk	Fri. 9/15/23 Biscuit Sausage Gravy Cereal Yogurt Fruit Juice Milk
Mon. 9/18/23 Pancake on a Stick/Syrup Yogurt Cereal Fruit Juice Milk	Tues. 9/19/23 Poptarts Bacon Yogurt Cereal Fruit Juice Milk	Wed. 9/20/23 Cinnamon Toast Sausage Yogurt Cereal Fruit Juice Milk	Thur. 9/21/23 Oatmeal Toast/Jelly Bacon Yogurt Cereal Fruit Juice Milk	Fri. 9/22/23 Biscuit Sausage Gravy Cereal Yogurt Fruit Juice Milk
Mon. 9/25/23 Bagel Cream Cheese Bacon Yogurt Cereal Fruit Juice Milk	Tues. 9/26/23 Apple Fruit Pie Sausage Cereal Yogurt Fruit Juice Milk	Wed. 9/27/23 Bacon, Egg, Cheese Biscuit Hashbrown Yogurt Cereal Fruit Juice Milk	Thur. 9/28/23 French Toast Sticks Syrup Sausage Yogurt Cereal Fruit Juice/Milk	Fri. 9/29/23 Biscuit Sausage Gravy Cereal Yogurt Fruit Juice Milk