

VALLEY R-6 ELEMENTARY K-6 SEPTEMBER BREAKFAST MENU				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4 NO SCHOOL	5 French Toast Sticks Syrup / Sausage Link Cereal / Fruit Juice Milk	6 Glazed Long John Donut Bacon / Yogurt Cereal / Fruit Juice Milk	7 Biscuit Sausage Gravy Cereal / Fruit Juice Milk	8 Pancakes Syrup / Sausage Link Cereal / Fruit Juice Milk
11 Blueberry Muffin Bacon Cereal / Fruit Juice Milk	12 Colby Cheese Omelet Toast / Jelly / Sausage Cereal / Fruit Juice Milk	13 Breakfast Pizza Cereal Fruit Juice Milk	14 Biscuit Sausage Gravy Cereal / Fruit Juice Milk	15 Sausage Egg Biscuit Jelly Cereal / Fruit Juice Milk
18 Cinimini Bacon Cereal / Fruit Juice Milk	19 Pancake on a Stick Syrup Cereal / Fruit Juice Milk	20 Glazed Long John Donut Sausage Link / Yougurt Cereal / Fruit Juice Milk	21 Biscuit Sausage Gravy Cereal / Fruit Juice Milk	22 Pancakes Syrup / Bacon Cereal / Fruit Juice Milk
25 Chocolate Chip Muffin Cereal Fruit Juice Milk	26 Eggstravaganza Toast / Jelly / Hashbrown Cereal / Fruit Juice Milk	27 Breakfast Pizza Cereal Fruit Juice Milk	28 Biscuit Sausage Gravy Cereal / Fruit Juice Milk	29 Sausage Egg Biscuit Jelly Cereal / Fruit Juice Milk

VALLEY R-6 ELEMENTARY K-6 SEPTEMBER LUNCH MENU				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4 NO SCHOOL *Menus are Subject to Change	5 Sloppy Joe on Bun Potato Wedges Cheese Stick Fruit Milk	6 Chicken w/Egg Noodles Grilled Cheese Pudding Fruit / Cookie Milk	7 Pork McRib on Bun Pickles / French Fries Green Beans Fruit Milk	8 Hot Ham & Cheese On Swiss roll Corn/Butter Roasted Baby Potatoes Fruit / Milk
11 Cheese Pizza Corn Fruit Ice Cream Milk	12 Orange Chicken Fried Rice / Egg Roll Sweet & Sour Sauce Fruit Milk	13 Tomato Soup Grilled Cheese Crackers Fruit Milk	14 Beef Tips in Gravy Egg Noodles Mashed Potatoes Green Beans Fruit / Milk	15 Turkey & Cheese Sub Lettuce/Mayo/Must/Ketch. Glazed Carrots Scalloped Potatoes Fruit / Milk
18 Corn Dog Baked Beans Mac-n-cheese Fruit Milk	19 Chicken Patty on Bun Tater Tots Cheese Stick Shredded Lettuce Fruit / Milk	20 Beef/Bean Chili Cheese Burrito/Corn Lettuce/Salsa/Sour Cream Fruit Milk	21 Pulled Pork on Bun Pickles / Chips Corn on the Cob Fruit Milk	22 Pizza Hot Pocket Salad / Dressing Ice Cream Fruit Milk
25 Chicken Nuggets Mac-n-Cheese Glazed Carrots Fruit Milk	26 Taco Salad Refried Beans Salsa / Chips Fruit / Sour Cream Milk	27 Salisbury Steak /Gravy Mashed Potatoes Green Beans / Hot Roll Butter Fruit / Milk	28 Sloppy Joe on Bun Potato Wedges Cheese Stick Fruit Milk	29 Pizza Bobs Corn on the Cob Pudding / Cookie Fruit Milk