

VALLEY HIGH SCHOOL SEPTEMBER 2023 LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
Mon. 9/4/23 NO SCHOOL!!	Tues. 9/5/23 Chicken N Egg Noodles Mashed Potatoes Cooked Carrots Hot Roll Fruit Milk	Wed. 9/6/23 Cheeseburger on Bun Lettuce/Tomato/ Pickles Sweet Potato Fries Broc.& Cheese Fruit Brownie Milk	Thur. 9/7/23 Chicken Cheese Quesadilla Salad/Ranch Spanish Rice Corn Fruit Pudding Milk	Fri. 9/8/23 Hot Dog/Bun Tater Tots Mac & Cheese Cookie Fruit Milk
Mon. 9/11/23 Beef N Bean Burrito Salsa Sour Cream Salad/Ranch Spanish Rice Fruit Ice Cream Sand. Milk	Tues. 9/12/23 Pizza Bobbzz Salad Ranch Fritos Corn Fruit Pudding Milk	Wed.9/13/23 Chicken Alfredo Salad Ranch Green Beans Garlic Bread Fruit Brownie Milk	Thur. 9/14/23 Taco Salad Lettuce/Tomato Salsa Sour Cream Cheese Chili Beans Fruit Cookie Milk	Fri. 9/15/23 Toasted Cheese Sandwich Fritos Salad Ranch Apple Crisp Fruit Milk
Mon. 9/18/23 Bologna & Cheese Sand. Tostitos & Cheese Chili Beans Salad/Ranch Fruit Rice Krispy Milk	Tues. 9/19/23 Chicken & Cheese Wrap Salad Ranch Spanish Rice Fruit Pudding Milk	Wed. 9/20/23 Chicken Nuggets Mashed Potatoes Green Beans Hot Roll Fruit Cookie Milk	Thur. 9/21/23 Spaghetti Salad Ranch Breadsticks Corn Dirt Cake Fruit Milk	Fri. 9/22/23 BBQ Rib/Bun Baked Beans Curly Fries Cole Slaw Fruit Vanilla Ice Cream Cup Milk
Mon. 9/25/23 Philly Cheese Steak/Bun Fries Cole Slaw Brownie Fruit Milk	Tues. 9/26/23 Sweet & Sour Chicken Fried Rice Veggie Cup Pot Stickers Fruit Milk	Wed. 9/27/23 Pizza Salad Ranch Veggie Cup Breadstick Fruit Cherry Crisp Milk	Thur. 9/28/23 Chicken Patty On Bun Salad Ranch Mac & Cheese Tater Tots Fruit Milk	Fri. 9/29/23 Corn Dogs Potato Wedges Cole Slaw Fruit Cookie Milk